



Heart Failure Patient Education Checklist

Patient Name: _____

Date of Birth: _____

Chart Number: _____

Weight Monitoring

Date (s): _____

Sodium Restriction

Date (s): _____

Physical Activity

Date (s): _____

Smoking Cessation*

Date (s): _____

Minimizing/Avoiding NSAID use

Date (s): _____

Referral for Education/Management
Programs

Date (s): _____

Prognosis/End-of-Life Issues

Date (s): _____

Medication Instruction

Date (s): _____

Symptom Management

Date (s): _____

*Circle if patient is a non-smoker